

## Useful contacts and links

Name	Contact information
<b>Club Welfare Officer</b>	Trish Scorer <a href="mailto:welfare@uptonrc.org.uk">welfare@uptonrc.org.uk</a> 07798 876014 01684 290632
<b>Lead Safeguarding Officer at British Rowing</b>	Laura Fieldman <a href="mailto:lso@britishrowing.org">lso@britishrowing.org</a>
<b>NSPCC</b>	0808 800 5000 <a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>
<b>ChildLine</b>	0800 1111 <a href="http://www.childline.org.uk">www.childline.org.uk</a>
<b>NSPCC Child Protection in Sport Unit</b>	0116 234 7278 <a href="http://www.thecpsu.org.uk">www.thecpsu.org.uk</a>
<b>Worcestershire safeguarding children</b>	01905 822666 (Monday to Friday 8.30am to 5.00pm) 01905 768020 (out of office hours) <a href="http://www.worcestershire.gov.uk/info/20054/safeguarding_children">http://www.worcestershire.gov.uk/info/20054/safeguarding_children</a>
<b>West Mercia Police (child protection)</b>	101 (non-emergency) <a href="https://westmercia.police.uk/child_protection">https://westmercia.police.uk/child_protection</a>
<b>Worcestershire Local Designated Officer:</b> Jon Hancock	01905 843311
<b>Thinkuknow</b> (Guide to internet safety and safe surfing for young people and adults)	<a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a>
<b>Bullying UK</b> (Advice for young people and adults on all aspects of bullying)	<a href="http://www.bullying.co.uk">www.bullying.co.uk</a>